



Cuckney Church of England Primary
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Thursday 8th January 2026

Dear Parents and Carers,

As we move through the winter months, we would like to remind families about our approach to attendance, illness and reporting absence during this time of year.

We continue to **prioritise good attendance**, as being in school is vital for children's learning, wellbeing and routine. However, we also recognise that illnesses increase during the winter months, and it is important that we all take steps to reduce the spread of infection within our school community.

When to Keep Your Child at Home - Please keep your child at home if they:

- Have a **high temperature**
- Are too unwell to take part in normal school activities
- Have **vomiting and/or diarrhoea** — children must remain at home for 48 hours after the last episode.

Coughs and Colds - We understand that coughs and colds are common during winter, and children may attend school with mild symptoms as long as they feel well enough and do not have a high temperature. If symptoms worsen during the school day, parents may be contacted.

Reporting Your Child's Absence - If your child is unwell and unable to attend school, **parents must inform the school on the first day of absence**. This should be done by:

Phoning the school office and speaking to a member of staff, or

- **Leaving a message on the school's absence voicemail**

Please ensure that you clearly state your child's **full name, class, and reason for absence**. This information is essential for safeguarding and attendance monitoring.

Reducing the Spread of Illness - To help keep everyone as healthy as possible, we encourage families to:

- Promote **regular handwashing** at home and school
- Remind children to **cover coughs and sneezes** using tissues or their elbow
- Ensure children come to school with tissues where possible

By working together and following this guidance, we can help reduce the spread of winter illnesses while continuing to support good attendance.

If you are unsure whether your child is well enough to attend school, please follow the HSC directions or call the office for advice.

Thank you for your continued support

Yours sincerely,

Mrs Lisa Crossland
Head Teacher