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Dream, Believe, Achieve
'Nothing will be impossible with God' Luke 1:37

Friday 3rd October 2025

#HelloYellow

Dear Parents and Carers,

As part of World Mental Health Day, our school will be taking part in Young Minds' "Hello Yellow" Day on Friday 10th October 2025

On this day, we invite all children to come to school wearing something yellow – the bolder, the better! This could be a bright yellow t-shirt, socks, hairband, or any cheerful yellow accessory. Please note that we are not collecting donations — this is simply an opportunity to come together as a school community to show support for young people's mental health.

Throughout the day, children will also be taking part in classroom activities that explore wellbeing, kindness, and how we can look after our mental health and support one another.

Promoting positive mental health in young people is incredibly important. By helping children understand and talk about their feelings, we can build resilience, encourage empathy, and ensure they know that it's okay to ask for help when they need it.

Thank you for your continued support,

Miss Worboys
PSHE & Mental Health and Wellbeing Lead



Wear it loud. Wear it proud.

This World Mental Health Day, 10th October, wear yellow and donate to YoungMinds.

Less than 1 in 3 young people are getting the support they need for their mental health. This needs to change. With your support – it can.

#HelloYellow

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