



# Keeping Fit



Read the **Keeping Fit Reading Minibook** and use your knowledge to answer these questions about the story. Remember, you can check back through the text to help with your answers.



1. What was the problem with the broth?

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2. What did Grandma Dadi and Grandpa Dada do with Kit and Sam?

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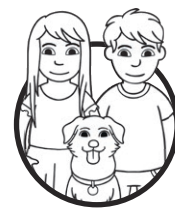
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3. Can you spell three different words that have the **ie** sound in?

1.	2.	3.
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Can you sound-talk your **ie** words to the person sitting next to you?



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### Adult Guidance

Please find below the reading comprehension questions and some handy talking points for your class after the children have read the minibook. These are designed to be adult-led and encourage discussion either one-to-one, in a small group, or with the whole class.

#### 1. What was the problem with the broth?

**Answer:** The tie was in it.

**Follow-up questions:**

- Whose tie was in the broth?
- The text said 'Oh no!'. Why was it a problem?
- Do you think the children still tried it?

#### 2. What did Grandma Dadi and Grandpa Dada do with Kit and Sam?

**Answers might include:** They had a picnic. They ate food. They tried the food and said it was fab.

**Discussion points:**

- 'Fab' is a describing word. Can you think of any other words that describe good food?
- Which foods do you think are fab?
- Who would you invite for a picnic?
- Which foods would you pack?

#### 3. Can you spell three different words that have the 'ie' sound in?

**Discussion points:**

- Do any of your 'ie' words rhyme?
- What other ways can we write the /igh/ sound?